

**Scale of Fees (2023/24)**

**Sport Education Programme— Sport Talks and Guided Visits to Sports Venues**

Activities		Duration	Estimated no. of participants per session	Fee
1	Guided Visit to Hong Kong Velodrome	2.5 hour	40	\$462
2	Guided Visit to Tuen Mun Recreation and Sports Centre	2 hours	48	\$655
3	Guided Visit to LCSD Water Sports Centres	2.5 hours	48	\$410
4	Sport Talk	1 hour	150-250	\$110

Remarks: 1. The school shall arrange for its own transportation to and from the venue.  
2. Special schools can enjoy a 50% concessionary rate.

**Scale of Fees (2023/24)**  
**Sport Education Programme – Sport Demonstration**

Sport			Duration	Estimated no. of participants per session	Fee for first session	Fee for each extended session on the same day	
1	Archery	School Venue	6 hours (3 sessions included with 2 hours each)	108 (36 per sub-session)	\$2,450	\$750 (Every three hours)	
		Archery Range	1.5 hours	36	\$900	Same as first session	
2	Athletics		2 hours	80	\$610	Same as first session	
3	AirBadminton		2 hours	60	\$900	N/A	
4	Baseball		2 hours	40	\$760	Same as first session	
5	Basketball		2 hours	120	\$620	Same as first session	
	3-on-3 basketball		2 hours	120	\$780	Same as first session	
6	Billiard		2 hours	30	\$450	Same as first session	
7	Bodybuilding	Primary School	2 hours	30	\$610	\$400	
			2 hours	60	\$790	\$580	
		Secondary School	2 hours	30	\$700	\$490	
			2 hours	60	\$880	\$670	
8	Boxing	School Venue	2 hours	40	\$672	\$539	
		Contact Sports Centre	2 hours	40	\$600	Same as first session	
9	Cricket		2 hours	40	\$800	\$610	
10	Cycling	Cycling		2 hours	100	\$1,500	\$470
		Bicycle moto cross (BMX)	School Venue	3 hours	50	\$1,800	\$718
			Hong Kong Jockey Club International BMX Park	3 hours	50	\$800 (The school shall arrange for its own transportation)	N/A
			Track Cycling	Cycling Trainer	2 hours	100	\$1,600
11	DanceSport		2 hours	60	\$430	Same as first session	
12	Dragon Boat		2 hours	60	\$1,100	\$500	
13	Lion Dance		2 hours	40	\$820	N/A	
14	Fencing		1 hour	80	\$760	\$470	
15	Flying Disc		2 hours	90	\$680	\$630	
16	Gateball		3 hours (including 2 sessions, 1.5 hours per session)	50	\$870	\$204	
17	Golf		1.5 hours	20	\$470	\$270	
18	Gymnastics	Aerobic Gymnastics	2 hours	60	\$420	\$370	
				30	\$250	\$180	

Sport			Duration	Estimated no. of participants per session	Fee for first session	Fee for each extended session on the same day	
		Rhythmic Gymnastics	2 hours	60	\$740	\$382	
				30	\$580	\$180	
		Acrobatic Gymnastics	2 hours	60	\$420	\$370	
				30	\$250	\$180	
19	Handball	Handball		2 hours	70	\$600	\$430
		Beach Handball	School Venue	2 hours	25	\$495	\$430
			Beach Handball Court	2 hours	25	\$430	Same as first session
20	Hockey		1.5 hours	40	\$450	\$330	
21	Judo	Judo		1.5 hours	60	\$350	Same as first session
		Judo (Kata)		1.5 hours	60	\$350	Same as first session
22	Karatedo		1.5 hours	100	\$450	Same as first session	
23	Karting		4 hours (including 2 sessions, 2 hours per session)	60 (30 per sub-session)	\$1,800	\$850	
24	Kendo		2 hours	40	\$880	\$630	
25	Korfball		2 hours	40	\$700	\$500	
26	Lacrosse	Primary		1 hour	30	\$400	\$200
		Secondary		1 hour	30	\$310	\$110
27	Lawn Bowls		2 hours	40	\$640	\$362	
28	Life saving	Demonstration on Land		2 hours	100	\$730	\$360
		Demonstration in Pool		1 hour	200 (swimming gala) / 40 (swimming lesson)	\$648	\$270
29	Mountaineering and Climbing	Sport Climbing		3 hours	40	\$785	Same as first session
		Mountain Craft – Outdoor Demonstration		4 hours	30	\$980	
30	Muay Thai		2 hours	40	\$600	\$450	
31	Netball		2 hours	70	\$600	\$510	
32	Orienteering		2 hours	40	\$700	Same as first session	
33	Rowing	School Venue	Secondary School	4 hours (Including 4 sub-sessions, 1 hour per sub-session)	240 (60 per sub-session)	\$1,660	\$980 (Fee for each 4-hour extended session)

Sport			Duration	Estimated no. of participants per session	Fee for first session	Fee for each extended session on the same day
		RowKids Scheme – Indoor Rowing		240 (60 per sub-session)	\$1,950	\$290 (Fee for each 1-hour extended session)
	Rowing Centre	Secondary School	4 hours	12	\$1,060	N/A
		RowKids Scheme	5 hours	30	\$2,900	
34	Rugby		1.5 hours	100	\$418	Same as first session
35	Sailing	Demonstration in school	2 hours	80	\$1,200	N/A
		Demonstration at designated venue	4 hours	24	\$1,718	N/A
36	Shuttlecock		1.5 hours	60-100	\$400	Same as first session
37	Skateboarding		2 hours	18	\$770	Same as first session
38	Softball	School Venue	2 hours	40	\$550	\$402
		Tin Kwong Road Softball Pitch	2 hours	40	\$402	Same as first session
39	Squash		1 hour	70	\$980	\$560
40	Taekwondo		1.5 hours	50	\$390	\$290
41	Tennis		2 hours (including 2 sessions, 1 hour per session)	100	\$500	\$360 (Fee for each 2-hour extended session)
42	Tenpin Bowling	School Venue	1.5 hours	30	*\$460	\$340
		Bowling Alley	1.5 hours	30	*\$740/\$960	Same as first session
43	Triathlon	School Venue	2 hours	50	\$810	\$365
		Demonstration during Swimming Gala/ Athletic Meet	2 hours	Demonstration: All students Challenge: 48	\$1,100	\$600
44	Beach Volleyball	School Venue	1.5 hours	40	\$780	\$400
		Beach Volleyball Court	1.5 hours	40		
45	Weightlifting and Powerlifting		2 hours	60	\$860	\$420
			2 hours	30	\$700	\$275
46	Windsurfing		3 hours	80	\$760	\$119 (Fee for each 1hour extended session)
47	Wushu		2hours	40	\$380	Same as first session

- Note:
1. Special schools can enjoy a 50% concessionary rate.
  2. \* - For details, please refer to the prospectus on Tenpin Bowling (P.156-157).

**Scale of Fees (2023/24)**  
**Easy Sport Programme**

Sport		Duration	Estimated no. of participants per course	Fee	
1	Athletics	10 hours	30	\$1,320	
2	Badminton	10 hours	16	\$1,150	
3	Baseball	10 hours	30	\$2,350	
4	Basketball	8 hours	20	\$950	
5	Boxing	6 hours	30	\$1,530	
6	Canoe	Starfish Award	7 hours	6	* \$680
		Sea Horse Award	7 hours	6	* \$680
		Seal Award	7 hours	6	* \$680
		Sea lion Award	7 hours	6	* \$680
		Walrus Award	7 hours	6	* \$680
		Junior Racing Kayak Certificate	21 hours	6	\$1,700
7	Cricket	6 hours	20	\$1,400	
8	Cycling	8 hours	20	\$2,600	
9	DanceSport	9 hours	30	\$1,400	
10	Dragon Dance	10 hours	15	\$1,020	
	Lion Dance	10 hours	15	\$1,170	
11	Fencing	4 hours	20	\$570	
12	Flying Disc	Dodge Disc	6 hours	40	\$1,015
		Goal Disc	6 hours	40	\$975
		Ultimate	6 hours	40	\$975
13	Gateball	4 hours	20	\$820	
14	Handball	16 hours	20	\$1,800	
	Beach Handball	16 hours	15	\$1,800	
15	Hockey	9 hours	20	\$1,550	
16	Karatedo	6 hours	30	\$1,050	
17	Korfball	12 hours	24	\$1,720	
18	Lacrosse	5 hours	10	\$550	
19	Lawn Bowls	4 hours	8	\$940	
20	Mountaineering & Climbing - Sport Climbing	6 hours	12	\$1,130	
21	Netball	8 hours	20	\$920	
22	Orienteering	Easy Sport Programme	3 hours	40	\$1,820
		Easy Sport (Joint Schools) Training Programme	3 hours	20	\$86/person
23	Rugby	8 hours	20	\$965	
24	Shuttlecock	6 hours	30	\$800	
25	Softball	10 hours	30	\$1,740	
26	Squash	12 hours	12	\$1,110	
27	Tennis	6 hours	24	\$1,250	
28	Duathlon	12 hours	20	\$2,050	
29	Mini-Volleyball	8 hours	20	\$850	

- Note:
1. Special schools can enjoy a 50% concessionary rate.
  2. \* - For details, please refer to the prospectus on Canoe (P.50-55).

**Scale of Fees (2023/24)**  
**Outreach Coaching Programme**  
**(Water Sports excluded)**

Sport		Duration	Estimated no. of participants per course	Fee			
				Non-School Team	School Team		
1.	Archery	School Venue	12 hours	* 12 / 24	* \$2,150 / \$3,100	N/A	
2	Badminton		10 hours	16	\$1,300	\$1,650	
3	Baseball		16 hours	30	\$3,400	\$3,780	
4	Basketball		18 hours	20	\$2,240	\$2,820	
5	Billiard	Snooker	12 hours	8	\$1,150	N/A	
		American Pool	12 hours	6	\$1,150	N/A	
6	Bodybuilding		12 hours	15	\$1,810	N/A	
7	Boxing	School venue	16 hours	30	\$1,995	N/A	
			24 hours	20	N/A	\$3,560	
8	Cricket		12 hours	20	\$1,750	\$2,250	
9	Cycling	Cycling	Non School Team	12 hours	20	\$3,500	N/A
			School Team	24 hours	20	N/A	\$5,600
		Bicycle moto cross (BMX)		12 hours	20	\$3,300	N/A
				16 hours	20	N/A	\$4,300
		Track Cycling	Level I	4 hours	20	\$1,300	N/A
			Level II	4 hours	20	\$1,300	N/A
			Level III	4 hours	20	\$1,300	N/A
Cycling Trainer	12 hours		20	\$3,300	N/A		
10	DanceSport		16 hours	30	\$2,700	\$3,400	
11	Dragon Dance		10 hours	15	\$1,430	N/A	
12	Fencing		16 hours	20	\$2,000	\$2,580	
13	Flying Disc	Dodge Disc	12 hours	30	\$2,175	\$2,820	
		Goal Disc	12 hours	30	\$2,220	\$2,870	
		Ultimate	12 hours	30	\$2,175	\$2,820	
14	Football		12 hours	16	\$1,600	\$2,200	
15	Gateball		8 hours	20	\$1,280	N/A	

Sport			Duration	Estimated no. of participants per course	Fee			
					Non-School Team	School Team		
16	Gymnastics	Aerobic Gymnastics	12 hours	15	\$1,500	\$1,950		
		Artistic Gymnastics	12 hours	15	\$1,500	N/A		
		Rhythmic Gymnastics	12 hours	15	\$1,500	\$1,950		
		Acrobatic Gymnastics	12 hours	15	\$1,500	\$1,950		
17	Handball	Handball	16 hours	20	\$2,100	\$2,700		
		Beach Handball	16 hours	15	\$2,100	\$2,700		
18	Hockey		12 hours	20	\$2,260	N/A		
19	Judo		16 hours	15	\$1,900	N/A		
20	Korfball		20 hours	24	\$3,000	N/A		
21	Lacrosse	Primary	8 hours	20	\$1,550	N/A		
			15 hours	20	N/A	\$3,200		
		Secondary	12 hours	15	\$3,200	N/A		
			20 hours	15	N/A	\$4,700		
22	Lawn Bowls		8 hours	8	\$1,112	\$1,360		
23	Mountaineering and Climbing	Sport Climbing	Level 1 (NST)	11 hours	12	\$2,170	N/A	
			Level 1 Advanced Practical (NST)	12 hours	12	\$1,860	N/A	
			Level 2 (NST)	Stage 1	15 hours	12	\$4,540	N/A
				Stage 2	15 hours	12	\$4,540	N/A
			Level 1 Competition Climbing Training Course (ST)	12 hours	8	N/A	\$2,370	
			Level 1 Skill Improvement Scheme (ST)	Stage 1	18 hours	8	N/A	\$3,350
				Stage 2	18 hours	8	N/A	\$3,350
				Stage 3	18 hours	8	N/A	\$3,350
				Stage 4	18 hours	8	N/A	\$3,350
			Level 2 Competition Climbing Training Course (ST)	Stage 1	15 hours	8	N/A	\$3,600
				Stage 2	15 hours	8	N/A	\$3,600
Level 2 Skill Improvement Scheme (ST)	18 hours	8	N/A	\$4,280				
Mountain Craft	Level 1	18 hours	24	\$3,250	N/A			

Sport		Duration	Estimated no. of participants per course	Fee		
				Non-School Team	School Team	
24	Muay Thai	9 hours	40	\$2,400	N/A	
25	Netball	9 hours	20	\$1,170	\$1,460	
26	Orienteering	6 hours	18	\$1,820	\$5,500	
27	Rowing	Indoor Rowing	8 hours	\$1,536	N/A	
28	Rugby	10 hours	20	\$1,340	\$1,620	
29	Shuttlecock	16 hours	20	\$2,060	\$2,580	
30	Squash	12 hours	12	\$1,285	N/A	
		20 hours	12	N/A	\$2,640	
31	Table Tennis	20 hours	16	\$2,512	N/A	
		28 hours	12	N/A	\$4,180	
		28 hours	16	N/A	\$6,208	
32	Taekwondo	12 hours	15	\$1,720	N/A	
33	Tennis	12 hours	20	\$1,450	\$1,800	
34	Tenpin Bowling	- Belair Bowling Centre - U.S. Dacos Bowling Centre (Tsuen Wan)	8 hours	12	\$1,850	N/A
		- Thunder Bowl - South China Athletic Association (SCAA) Bowling Centre	8 hours	12	\$2,350	N/A
35	Duathlon/ Aquathon/ Triathlon	20 hours	20	\$3,700	N/A	
36	Volleyball	Volleyball	12 hours	20	\$1,550	\$1,930
		Beach Volleyball	12 hours	20	\$1,500	N/A
37	Weightlifting and Powerlifting	12 hours	15	\$2,100	N/A	
38	Wushu	Elementary Courses/ Intermediate Courses	9 hours	35	\$1,200	N/A
		Advanced Courses	9 hours	20	\$1,500	N/A

Note: 1. Special schools can enjoy a 50% concessionary rate.

2. \* - For details, please refer to the prospectus on Archery (P.28-30).



**Scale of Fees (2023/24)**  
**Joint Schools Sports Training Programme**  
**(Water Sports excluded)**

Sport		Duration	Estimated no. of participants	Fee	
1	Athletics	20 hours	Quota for different venues or events depends on the actual situation of enrolment	\$180/person	
2	Basketball (Training for Specific Positions)	18 hours	40	\$210/person	
3	Cycling	Cycling	27 hours	20	\$450/person
		Track Cycling	24 hours	20	\$250/person
4	Gymnastics	Rhythmic Gymnastics	22 hours	16	\$352/person
		Rhythmic Gymnastics (Advanced Training)	20 hours	18	\$300/person
5	Rugby	22.5 hours (Phase 1)	25/team	\$3,250/team	
		12 hours (Phase 2)	25/team	\$1,900/team	
6	Squash	40 hours	12	\$500/person	
7	Tennis	96 hours	8	\$1,800/person	
8	Volleyball	Volleyball (Training for Specific Position)	24 hours	35	\$190/person
		Volleyball (Advanced Level)	12 hours	25	\$155/person
		Beach Volleyball	8 hours	20	\$115/person

Note: Special schools can enjoy a 50% concessionary rate.

**Scale of Fees (2023/24)**  
**Outreach Coaching Programme and**  
**Joint Schools Sports Training Programme**  
**(Water Sports)**

Sport		Duration	Estimated no. of participants per course	Courses Fee per school	Courses Fee per person
<b>Canoe</b>	Elementary Training Course (One-star Courses)	7 hours	8	\$770	-
	Elementary Training Course (Two-star Courses)	7 hours	8	\$770	
	Elementary Training Course (Three-star Courses)	7 hours	8	\$770	
	Elementary Racing Kayak Certificate	21 hours	8	\$1,950	
	Intermediate Training Course (Bronze Award)	7 hours	8	\$958	
	Intermediate Training Course (Silver Award)	14 hours	8	\$1,700	
	Intermediate Training Course (Gold Award)	14 hours	8	\$1,700	
	Canoe Polo Training Course (Stage 1)	7 hours	8	\$742	
	Canoe Polo Training Course (Stage 2)	7 hours	8	\$742	
	School Team Training Course	12 hours	8	\$1,500	
		16 hours	8	\$2,000	
<b>Dragon Boat</b>	Indoor Dragon Boat Training Certificate	2 hours	10	\$1,000	-
	Elementary Dragon Boat Training Certificate	7 hours	10	\$1,094	
		8 hours	10	\$1,250	
	Intermediate Dragon Boat Training Certificate	14 hours	10	\$2,406	
		16 hours	10	\$2,750	

Sport		Duration	Estimated no. of participants per course	Courses Fee per school	Courses Fee per person
<b>Dragon Boat</b>	Joint School Training Programme – Advanced Dragon Boat Training Certificate	14 hours	20	-	\$120
	Joint School Training Programme – Level I Dragon Boat Helm Certificate	17 hours	11		\$400
<b>Life Saving</b>	Life Saving Training Course (Bronze Medallion)	36 hours	20	\$4,500	-
<b>Rowing</b>	Joint Schools Training Programme (Star 2 and Star 3 Rowing Course)	20 hours	8	-	\$320
	Joint Schools Training Programme (Star 4 and Star 5 Rowing Course)	15 hours	8	-	\$310
	RowKids Scheme – Elementary Training Course (Star 2 Rowing Course)	12 hours	6	\$1,400	-
	RowKids Scheme – Intermediate Training Course (Star 3 Rowing Courses)	20 hours	6	\$2,250	
	RowKids Scheme – Joint Schools Training Programme	32 hours	6	-	\$680
<b>Wind-surfing</b>	Elementary Course	14 hours	5	\$1,380	-
	Refinement Course	14 hours	5	\$1,380	
	Joint Schools Silver Team Training Programme	7 hours (At least apply 10 days training)	5	-	\$150 (per day)
	Joint Schools Gold Team Training Programme		8		\$120 (per day)

- Note: 1. Special schools can enjoy a 50% concessionary rate.  
2. Venues for Joint Schools Silver Team or Gold Team windsurfing training courses will be arranged by NSA. For details, please refer to the Prospectus on Windsurfing training course (P.168-170).