

**Organised by the Hong Kong Tenpin Bowling Congress (HKTBC)**  
**Subvented by the Leisure and Cultural Services Department (LCSD)**  
**Co-organised by the Education Bureau**  
**School Sports Programme— Tenpin Bowling**  
**Prospectus**

Type of Activity Key Information	Sport Demonstration				Outreach Coaching Programme (Non-School Team Training)	
	At School		At Bowling Alley			
Target Participants	Primary and secondary school students		Primary and secondary school students (aged 8 or above)		Primary and secondary school students (aged 8 or above)	
Outline	<ul style="list-style-type: none"> <li>- Introduction to tenpin bowling</li> <li>- Demonstration of basic moves and skills in tenpin bowling</li> <li>- Briefing on safety rules</li> <li>- Play-in session at the simulated bowling lanes at school</li> </ul>		<ul style="list-style-type: none"> <li>- Introduction to tenpin bowling</li> <li>- Demonstration of basic moves and skills in tenpin bowling</li> <li>- Briefing on safety rules</li> <li>- Practice at the bowling alley</li> </ul>		<ul style="list-style-type: none"> <li>- Instruction in arm swing and finish position, grip, follow-through, standing position, aiming, ready position, one-/two-/four-step approach and timing</li> <li>- Practice at the bowling alley</li> </ul>	
Venue	Indoor or outdoor venue with a smooth floor surface (about the size of a basketball court)		i. Belair Bowling Centre	iii. Thunder Bowl	i. Belair Bowling Centre	iii. Thunder Bowl
			ii. U.S. Dacos Bowling Centre (Tsuen Wan)	iv. South China Athletic Association (SCAA) Bowling Centre	ii. U.S. Dacos Bowling Centre (Tsuen Wan)	iv. South China Athletic Association (SCAA) Bowling Centre
	The school shall arrange for its own transportation to and from the venue (see Remark for address).					
Fee	\$460 per session (\$340 for each 1-hour extended session on the same day)		\$740 per session	\$960 per session	\$1,850 per course	\$2,350 per course
Sports Equipment	Mini-bowling equipment including simulated bowling lanes bowling pins and lightweight balls (to be provided by HKTBC)		Not applicable			
Proposed Time of Activity	Monday to Friday: 10:30 am to 6:00 pm					
Duration	1.5 hours per session				Each course comprises 4 lessons of 2 hours each (8 hours in total).	
Estimated No. of Participants per Session/ Course	30				12 or below	

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	At School	At Bowling Alley	
Enrolment Form	Sport Demonstration and Outreach Coaching Programme – Tenpin Bowling Enrolment Form (P.194)		
How to Enrol	<ol style="list-style-type: none"> <li>1. Please submit the completed electronic application form within the enrolment period (please refer to “Application” (P.7) of this Guide for the dates) by email at: <a href="mailto:applicationssp@lcsd.gov.hk">applicationssp@lcsd.gov.hk</a>. For payment arrangement, please refer to “Payment and Activity Arrangements” (P.8) of this Guide.</li> <li>2. Enrolment fees is included shoes rental and bowling lanes.</li> </ol>		
Points to Note	<ol style="list-style-type: none"> <li>1. A person-in-charge aged 18 or above or a teacher should be designated to oversee the activities.</li> <li>2. Participants should wear proper sportswear and sports shoes.</li> <li>3. Tenpin Bowling is available under the Spore Captain Programme. Please refer to the respective prospectus for details. (P.184)</li> <li>4. If the NSA has arranged a coach for a school and the school requests before the activity date the cancellation of the activity, NSA will deduct from the fee for each activity an administrative fee (\$194 per Sport Demonstration; \$388 per training course under the Outreach Coaching Programme) and refund the balance to the school. If the request to cancel the Sport Demonstration is made by the school on the day of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded.</li> <li>5. The fees for Sport Demonstration (At Bowling Alley) and training courses under the Outreach Coaching Programme are used for the advance booking of bowling alleys, including the hiring charges for bowling shoes and lanes. If the NSA has arranged a Sport Demonstration (At Bowling Alley) for a school and the school subsequently requests the cancellation of the activity, no re-scheduling or make-up session will be arranged. All fees paid will not be refunded. As regards the training courses under the Outreach Coaching Programme, if the NSA has arranged a course for a school and the school subsequently requests its cancellation, the NSA will deduct, on a pro rata basis, the fee for the first lesson from the course fee and refund the balance to the school.</li> <li>6. If the NSA/LCSD fails to arrange the activity, the fees paid will be refunded.</li> </ol>		
Enquiry Phone No./Website	2601 7602 / <a href="http://www.lcsd.gov.hk/en/ssp/index.html">http://www.lcsd.gov.hk/en/ssp/index.html</a>		

- Remark: 1. Details of the bowling alleys are as follows:
- i. Belair Bowling Centre  
(Address: Belair Garden Shopping Arcade, 52 Tai Chung Kiu Road, Sha Tin, New Territories)
  - ii. U.S. Dacos Bowling Centre (Tsuen Wan)  
(Address: 1/F, Tsuen Wan Garden, 15-23 Castle Peak Road, Tsuen Wan, New Territories)
  - iii. Thunder Bowl  
(Address: Basement, Site 8, Whampoa Garden, Hung Hom, Kowloon)
  - iv. South China Athletic Association (SCAA) Bowling Centre  
(Address: 88 Caroline Hill Road, Causeway Bay, Hong Kong)