

Organised by the Hong Kong Fencing Association
Subvented by the Leisure and Cultural Services Department
Co-organised by the Education Bureau

School Sports Programme – Badges Award Scheme
〈 Fencing 〉

Purpose: To provide testing standards and awards for trainees participating in fencing training, and encourage them to continuously improve and upgrade their skills.

Type of Badges:

1. Easy Sports Fencing Badges, namely Bronze, Silver and Gold
2. Outreach Coaching Warrior Badges, namely Bronze, Silver and Gold

Remarks:

1. Easy Sports Fencing Badges are applicable to the Easy Sports Training Programme. Each programme will include 4 training sessions. Schools are suggested to apply for at least 3 programmes (i.e. 12 training sessions) for the same group of students. Assessment will be held in the last 1 or 2 sessions of training by the coaches.
2. Outreach Coaching Warrior Badges are applicable to the Outreach Coaching Fencing Training Programme. Each programme will include 8 training sessions. Schools are suggested to apply for at least 2 programmes (i.e. 16 training sessions) for the same group of students. If the student's attendance rate is 80% or above, assessments will be held before the end of the programme by the coach.

Award/ Participation Method: All trainees participating in fencing training courses of the Easy Sport Programme and the Outreach Coaching Programme under the School Sports Programme will be assessed by coaches at the end of the courses based on the contents of the respective tests. Trainees who meet the standards will be awarded a certificate by the Leisure and Cultural Services Department (LCSD) free-of-charge.

Collection of Badges and Certificates: Teachers should fax the result of trainees to the School Sports Programme Unit of the LCSD within one week after the assessment for verification of information, upon which the LCSD will notify the teachers by mail in order to take the certificates of the badges at School Sports Programme Unit of the LCSD for school's distribution to qualified trainees by teachers.

Enquiries (1): The Leisure and Cultural Services Department
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Enquiries (2) : The Hong Kong Fencing Association
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Remark: The Badges Award Scheme for Fencing is co-ordinated and developed by the Hong
Kong Fencing Association.

School Sports Programme – Badges Award Scheme

Standards and Assessment of the Fencing Medal

Easy Fencing Badge Award

Assessment	Assessment Content	Total Scores
1. Attendance	Number of lessons attended and punctuality	50
2. Basic Movements	Stand in En Garde position (position before fencing commences)	5
- En Garde Position		
- Footwork	Coordinate both legs and step forward and backward	5
- Lunge	Launch at the opponent by pushing off from the back leg correctly	5
- Lunge Recover	Push back the front leg up into an En Garde position from a lunge, and the rear arm is brought back to its original position.	5
3. Skills		
- Grip	Grip the sword with the correct position	5
- Thrust	Extend the arm and sword toward the opponent	5
- Parry Riposte	A defensive action in which a fencer blocks the opponent's blade and does an offensive action immediately after parrying the opponent's attack.	5
4. Discipline	Trainee's attitude in training	15
Rating Standard	Bronze Badge : 50-70 Scores Silver Badge : 71-90 Scores Gold Badge : 91-100 Scores	

Outreach Coaching Warrior Badge Awards

Assessment	Assessment Content	Total Scores
1. Parry Four	The fencer performs a Parry Position Four and ends by pointing at the valid surface of the opponent.	25
2. Parry Riposte	A defensive action in which a fencer blocks the opponent's blade and does an offensive action immediately after parrying the opponent's attack.	25
3. Beat	Sharp tap on the opponent's blade to initiate an attack or provoke a reaction by using one-third of the sword and end by pointing at the valid surface of the opponent.	25
4. Beat Attack Lunge	Lunge after performing a beat, and then thrust at the valid surface of the opponent.	25
Rating Standard	Bronze Badge : 50-65 Scores Silver Badge : 66-80 Scores Gold Badge : 81-100 Scores	