

**Organised by the Hong Kong Tennis Association**  
**Subvented by the Leisure and Cultural Services Department**  
**Co-organised by the Education Bureau**  
**School Sports Programme – Badges Award Scheme**  
**〈 Mini-tennis 〉**

**Purpose:** To provide testing standards and awards for trainees participating in mini-tennis training, and to encourage them to continuously improve and upgrade their skills.

**Type of Badges:** 1. Three levels of award, namely Bronze, Silver and Gold  
 2. Content of Tests

Levels of Award	Assessment Items
Bronze	Racket control, forehand and backhand drives, general sports knowledge
Silver	Racket control, forehand and backhand drives, tennis skills, general sports knowledge
Gold	Racket control, forehand and backhand drives, volleying at the net, tennis skills, serving, knowledge of tennis rules and game rules

3. Rating Standard

Trainees must pass the tests of all items in accordance with the skill requirements of the respective levels to obtain the relevant badges.

**Award/ Participation Method:** All trainees participating in mini-tennis training courses of the Easy Sport Programme, the Outreach Coaching Programme and the Joint Schools Sports Training Programme under the School Sports Programme will be assessed by coaches at the end of the courses based on the contents of the respective tests. Trainees who meet the standards will be awarded a certificate by the Leisure and Cultural Services Department (LCSD) free-of-charge.

**Collection of Badges and Certificates:** After completion of the assessment, the coaches will submit trainees' results to the LCSD for verification of information, upon which the LCSD will mail the certificates of the badges to the schools for distribution to qualified trainees by teachers.

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**Remark:** The Badges Award Scheme for Mini-tennis is co-ordinated and developed by the Hong Kong Tennis Association.

## School Sports Programme – Badges Award Scheme

### Standards and assessment of the mini-tennis medal

Badges Skill	Gold	Silver	Bronze
<b>1.Racket control</b>	Tap the ball (touching the ground) in alternative forehand and backhand strokes ten times consecutively.	Forehand tapping (touching the ground) ten times	Forehand tapping (touching the ground) five times
		Backhand tapping (touching the ground) ten times	Backhand tapping (touching the ground) five times
<b>2.Forehand</b>	The trainee will stand behind the baseline where the instructor will toss a ball on his/her forehand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least eight times out of ten.	The trainee will stand behind the baseline. After bouncing the ball, he/she will need to hit the ball forehand ten times. The trainee has to strike the ball into the opponent's court successfully at least five times out of ten.	The trainee will stand at the centre of the court. After bouncing the ball, he/she will need to hit the ball forehand ten times. The trainee has to strike the ball into the opponent's court at least three times out of ten.
		The trainee will stand behind the baseline where the instructor will toss a ball on his/her forehand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least five times out of ten.	The trainee will stand at the centre of the court where the instructor will toss a ball on his/her forehand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least three times out of ten.
<b>3.Backhand</b>	The trainee will stand behind the baseline where the instructor will toss a ball on his/her backhand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least eight times out of ten.	The trainee will stand at the centre of the court. After bouncing the ball, he/she will need to hit the ball backhand ten times. The trainee has to strike the ball into the opponent's court successfully at least five times out of ten.	The trainee will stand at the centre of the court where the instructor will toss a ball on his/her backhand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least three times

		The trainee will stand behind the baseline where the instructor will toss a ball on his/her backhand side before the net ten times. The trainee has to strike the ball into the opponent's court successfully at least five times out of ten.	out of ten.
<b>4. Serving</b>	The trainee will stand behind the baseline, serve overhand ten times and strike the ball into the opponent's service box successfully at least three times out of ten.	The trainee will stand behind the baseline, serve underhand ten times and strike the ball into the opponent's service box successfully at least three times out of ten.	—
<b>5. Tennis skills</b>	The trainee will stand behind the baseline and hit the ball back and forth with another trainee three times.	The trainee will stand behind the baseline and hit the ball back and forth with the instructor three times.	—
<b>6. Volleying at the net</b>	The trainee will stand before the net where the instructor will throw a ball at the trainee from the baseline ten times. The trainee has to volley the ball at the net and strike it back into the opponent's court successfully at least five times out of ten.	—	—
<b>7. General sports knowledge</b>	Knowledge in competition rules and regulations	Knowledge in warm-up exercises	Knowledge in safety regulations